

AREA WIDE TRIBAL BEHAVIORAL HEALTH CONFERENCE

27-29 AUGUST 2024

RELATIONAL WELLNESS

refers to the quality and health of our connections with ourselves, others, and our community, and all our relatives including both modern and ancestral relationships.

COMMUNITY WELLNESS

entails cultivating environments that empower individuals and groups to thrive, feel supported, and actively shape their futures.

WELLNESS IN ACTION

is making deliberate choices and proactive efforts to improve the overall quality of life and achieve well-being for individuals and communities alike.



**REUBEN
TWIN**
Master of
Ceremonies



**HARLAN
PRUDEN**
Keynote speaker



**IRIS
PRETTYPAINT**
Keynote speaker



**DANICA
BROWN**
Keynote speaker

Photo taken by Cowlitz Tribal Member, Derick Wright

**JOIN US FOR OUR WELCOMING RECEPTION
AUGUST 26TH AT 5:00 IN THE JR BALLROOM
EMAIL BHCONFERENCE@COWLITZ.ORG WITH ANY QUESTIONS**



**COWLITZ
INDIAN TRIBE**
BEHAVIORAL HEALTH SERVICES