

All Community welcome

Cowlitz Senior Nutrition and Activities

Meals are served in Toledo Monday thru Thursday @ Noon
American Indian, Alaskan Native, Hawaiian Native over 60 and Spouse eat free. Guests \$7

Month of August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Shepards Pie Soup Salad Fruit	2 Care Packages	3
4	5 Tuna Melt Side Salad Fruit	6 Cobb Salad Fruit	7 Steak Potato Veggie Fruit	8 PB&J Sack Lunch	9 HHS Staff BBQ Kitchen Closed	10
11	12 Hot Dog Side Salad Fruit	13 Sweet & Sour Pork Veggie Fruit	14 Kitchen Closed Staff meeting	15 Crispy Tex- mex chicken wraps Side salad Fruit	16 Care Packages	17
18	19 Club Sandwich Fruit	20 Honey Garlic Fish Salad Fruit	21 Homemade pizza 😊	22 Kitchen Closed Culture Day	23 Kitchen Cleaning	24
25	26 Chicken Pot Pie Soup Salad Fruit	27 Mushroom Swiss Burger FF Fruit	28 Potato Bar Fruit	29 Chicken Avocado Burger Fruit	30 Care Packages	31

MENU SUBJECT TO CHANGE

Please contact us prior to 10am to let us know if you'd like lunch! 360.864.7003

Lunch is served at noon! To-go's ready at 12:30. If you do not call or let us know, you may receive the salad bar, or a frozen meal. Thank you for respecting us and our time!

Milk, Juice, and Bread are available by request!

